

# Psoriasis Awareness Week

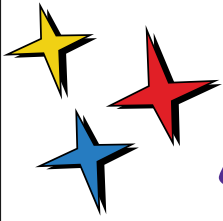
## ACTIVITY PACK

This pack belongs to:

\_\_\_\_\_

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# About this pack

Psoriasis is a condition which impacts the immune system (the part of the body which helps fight off illnesses).

Psoriasis on the skin can look like pink, red or dark patches with silvery white or grey scales.

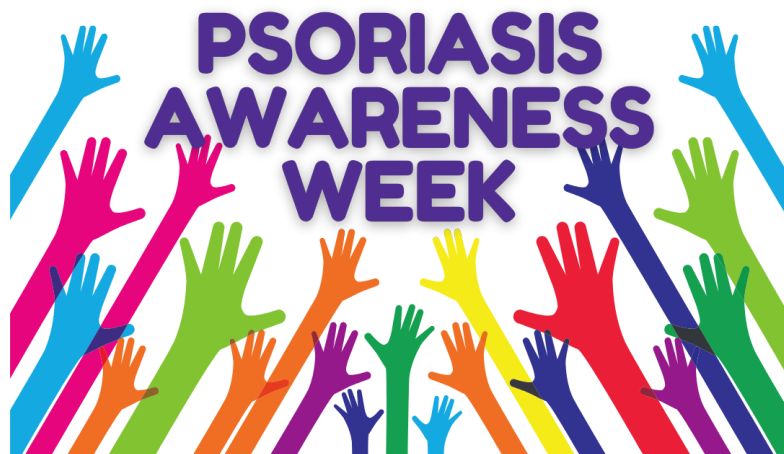
Psoriasis can affect joints too.



**Psoriasis Awareness Week (PAW) 2024 is from Monday 28th October to Sunday 3rd November.**

This PAW activity pack aims to teach you about psoriasis and the importance of community through fun activities.

*28th October - 3rd November*



# Competition Details

For your chance to win a **Jellycat Dragon** and a copy of **"The Little Knight with Psoriasis"** by Emmanuel Toni enter one of our exciting competitions.

Download this pack to your tablet or device, or ask a grown-up to help you print it out.

There are two competitions open for children aged 4 to 9. The competition is open to UK residents only.

You can either submit a drawing or short story about your psoriasis community. Competition entry forms are overleaf.

With permission from a parent or guardian, send your entries by email to [mail@psoriasis-association.org.uk](mailto:mail@psoriasis-association.org.uk) with the subject "PAW Children's Competition" or by post to:

The Psoriasis Association  
2 Queensbridge,  
Northampton, NN4 7BF

Please include the entrants name and age alongside the contact name, number and email address for a parent/guardian, so we get in touch if you are a winner!



# Drawing Competition



For a chance to win a **Jellycat Dragon** and a copy of the book '**The Little Knight with Psoriasis**', enter below!

The theme is: 'My psoriasis community'

Think about the people or a person who helps you with your psoriasis.

Draw them.

Entrants Name: \_\_\_\_\_ Age: \_\_\_\_\_

A large, empty rectangular box with a thick purple border, intended for the participant to draw their answer to the theme.

For full competitions details: [www.psoriasis-association.org.uk/psoriasis-awareness-week-2024](http://www.psoriasis-association.org.uk/psoriasis-awareness-week-2024)

Deadline: 11th November 2024 @ 23:59

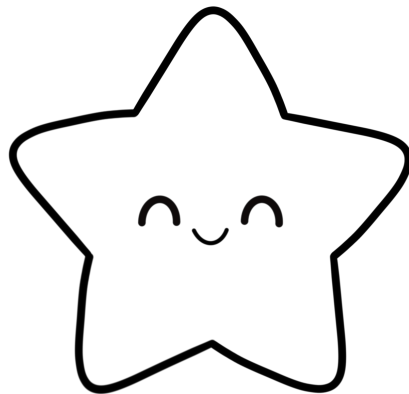
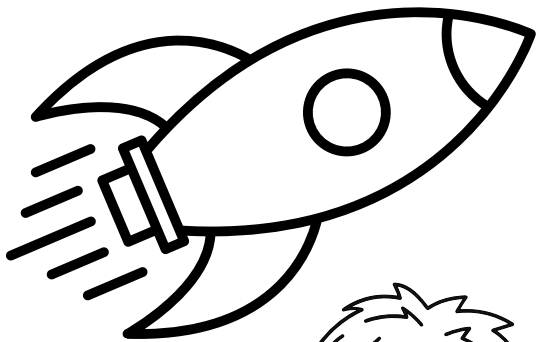
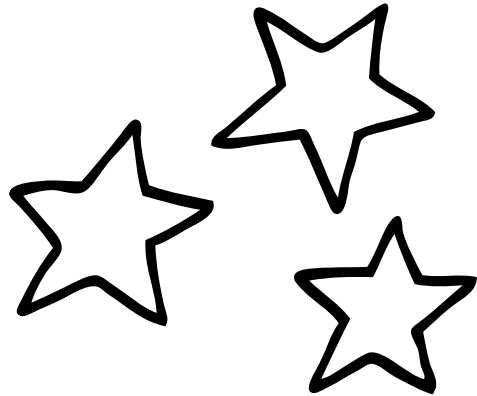
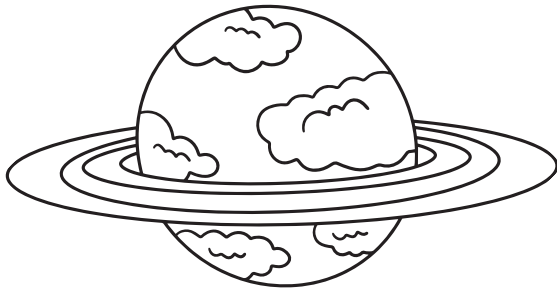
Submit: email: [mail@psoriasis-association.org.uk](mailto:mail@psoriasis-association.org.uk) or postal entries.



# Colouring Fun

For some people, psoriasis is their super power!

Colour the pictures below with your favourite colours.



# Psoriasis Word Search

Can you find the words hidden in the puzzle?

P	K	S	Y	T	I	N	U	M	M	O	C
L	H	P	N	R	O	A	H	O	T	U	A
D	O	F	S	O	C	R	E	A	M	S	R
P	T	I	L	O	W	I	N	D	F	I	T
A	E	T	C	C	R	Y	E	B	L	O	L
T	R	C	J	L	G	I	O	H	A	H	Y
C	S	H	O	O	O	R	A	A	K	E	D
H	T	T	S	L	I	U	N	S	Y	I	O
E	O	S	L	O	T	N	D	D	I	L	C
S	D	S	K	I	N	Y	T	Y	G	S	T
K	M	H	N	R	R	E	D	S	N	S	O
P	L	A	Q	U	E	S	A	R	E	G	R

PSORIASIS

RED

JOINTS

COMMUNITY

SKIN

FLAKY

PLAQUES

DOCTOR

ITCH

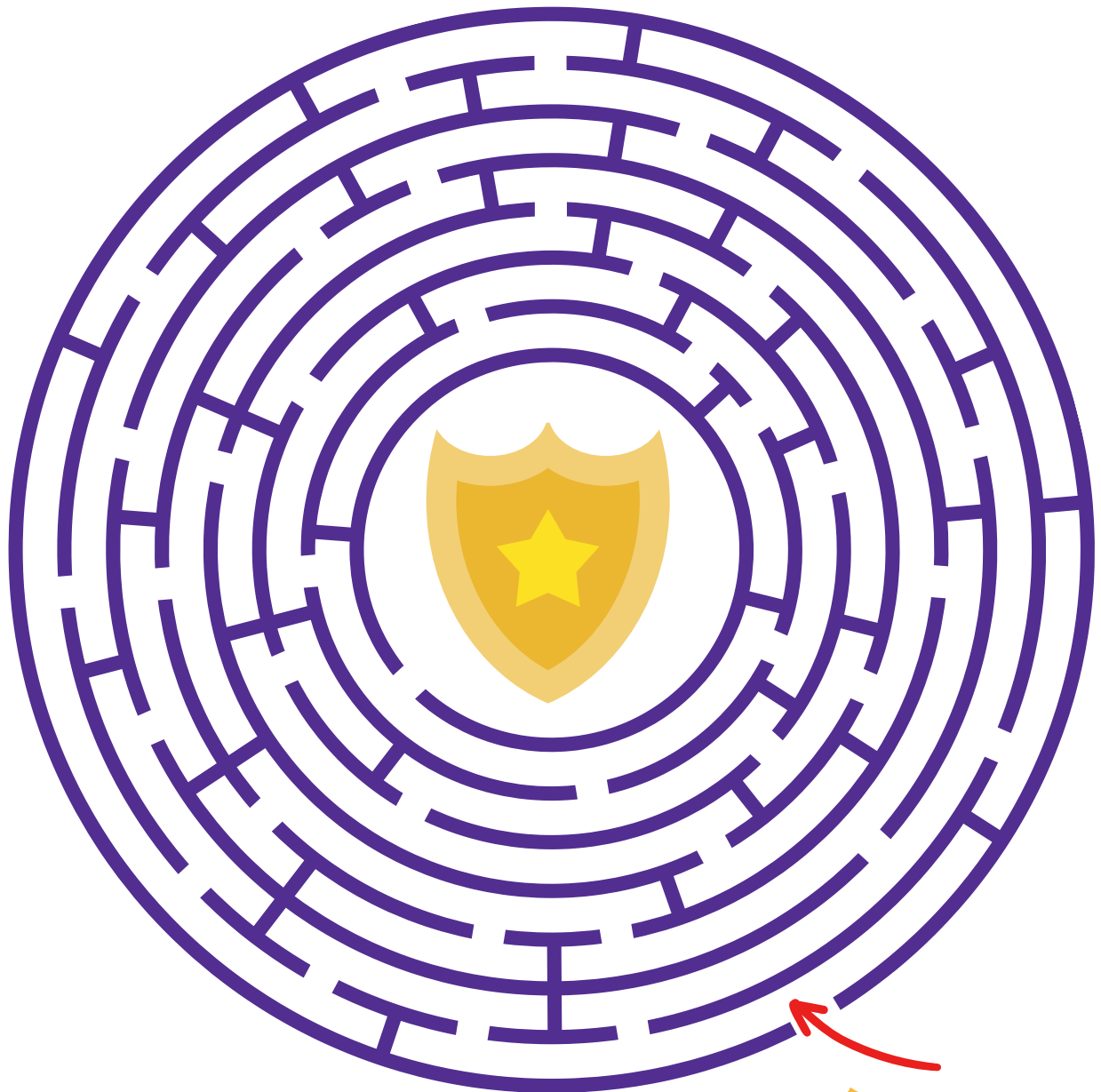
PATCHES

CREAM

NURSE

# Maze Challenge

Help the psoriasis superheroes reach the shield!





# Psoriasis Facts

There are some facts about psoriasis below.  
Do you think they are true or false?

1) You can get psoriasis anywhere on your body

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2) Psoriasis can make your skin itchy and sore

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3) Psoriasis can look like red or purple patches  
with silver or grey scales

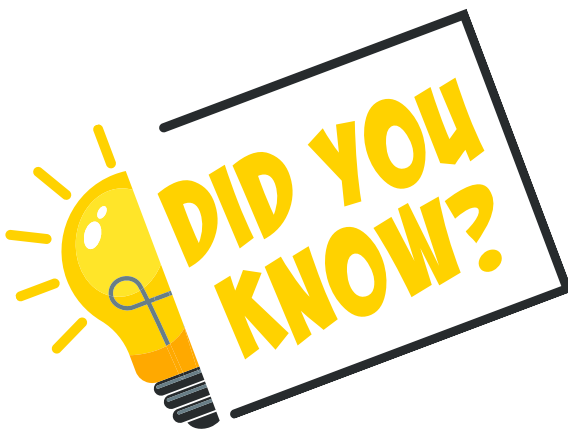
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4) Only children can get psoriasis

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5) If someone who has psoriasis touches you,  
they can pass psoriasis onto you

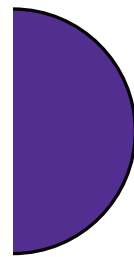
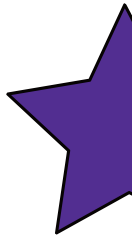
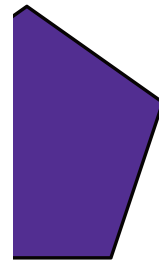
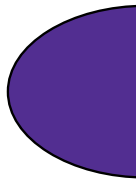
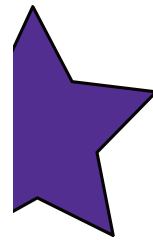
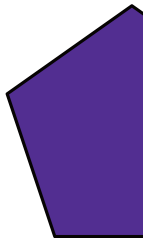
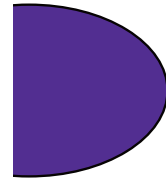
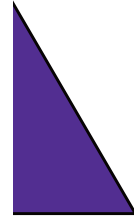
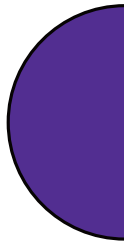
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1. True 2. True 3. True 4. False - you can get psoriasis at any age  
5. False - psoriasis is not contagious (you cannot pass it on)

# Match Me Up

Draw a line to match up the two halves to make a complete shape



# Psoriasis Poem

Write a poem using the word "Psoriasis"  
Start each line with a letter in the purple box.

P

S

O

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A

S

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S

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# Certificate of Completion

**Congratulations!**

**You've completed the PAW activity pack!**

**Write your name and decorate the badge.**

